

Care at Home Services

Home Care Packages



Domestic



Gardening



Transport Assistance



Nursing



Home Maintenance



Shopping Assistance



Home Modifications



Allied Health



Personal Care



Respite



Social Support



Food Preparation

Home Care Packages provide support with a range of care needs that will assist you in remaining independent at home.

Packages range from Level One (low level support) to Level Four (high level support), and give you the confidence and freedom to live the life you choose.

Our skilled and friendly staff will deliver services that are designed in partnership with you and your family, and that are available across metropolitan Adelaide and rural South Australia.

An assessment from My Aged Care is needed to access these services, contact us to find out more about starting a Home Care Package.

Phone: 1300 444 663

Email: mcsclientsupport@helpinghand.org.au

www.helpinghand.org.au



Helping Hand
new aged care