

Care at Home Services

Transition Care Packages



Domestic



Nursing



Transport Assistance



Home Modifications



Allied Health



Personal Care



Respite



Fitness Education



Food Preparation

Transition Care Packages provide short term support designed to assist you in regaining independence after a hospital stay.

Packages involve a short term intensive rehabilitation program that may include spending time in one of our residential care homes as you regain health and independence.

Our skilled and friendly staff will deliver services that are designed in partnership with you and your family, and that are available across metropolitan Adelaide.

An assessment from My Aged Care while you are a hospital inpatient is needed to access these services, contact us to find out more about starting a Transition Care Package.

Phone: 1300 444 663

Email: mcsclientsupport@helpinghand.org.au

www.helpinghand.org.au



Helping Hand
new aged care